

### October 2008

#### Weight Control Foods - UK

This report looks at how delivering weight loss solutions through RFCS (Reduced fat, reduced calorie and sugar) foods is being impacted by a wider definition of what constitutes a healthy diet. The report also assesses how other weight loss aids – including meal replacements, appetite suppressants and VLCDs (very-low-calorie diets) ...

#### Organics - UK

As consumers tighten their purse strings in the face of rising food prices and utility costs, retail sales growth of organic foods is forecast to slow to 7.5% annually to reach £1.6 billion in 2008.

### August 2008

#### Nuts, Seeds and Dried Fruit - UK

Underpinning the strong growth in the nuts, seeds and dried fruit market – valued at £511 million in 2007 – is the evolution of all three segments, their healthy nutritional profile boosted by innovative NPD.

### May 2008

#### Do health and health-driven innovation offer the only route to future profitability in the food market? - UK

This special report is one of a series of investigations into key developments affecting the UK food industry. In contrast to the majority of Mintel reports which focus on individual markets or sectors, this report looks at current trends in the food industry with industry-wide implications, drawing upon case studies ...

### April 2008

#### Health Food Retailing - UK

There is little doubt that health food and VMS (Vitamins, Minerals and Supplements) are mainstream products, widely available in supermarkets and chemists. Distribution via websites and home shopping is also broadening. So, in this competitive climate Health Food Retailhealth food retail specialists have begun to carve out specialised niches. Holland ...

#### Leisure Centres and Swimming Pools - UK

A period of rapid growth appears to be coming to an end for the leisure centres and swimming pools market, as a number of external pressures come to bear on the sector. These include rising energy costs, a reduction in funding from PFI schemes and the lottery, a crumbling infrastructure ...

#### Active Leisure Pursuits - UK

The active leisure pursuits market examined by Mintel effectively straddles the sports and leisure markets, a position that presents a broad range of opportunities to appeal to different types of participants, but also exposes it to wide-ranging competition. And although these pursuits are all well-established, many have generally struggled to ...

## March 2008

### Functional Foods - UK

Never before have consumers been so conscious of the impact of their lifestyle on their health and so exposed to information extolling the virtues of following a balanced and healthy diet. This has resulted in the rapid expansion of the healthy eating market, covering everything from superfoods and organic through ...

## February 2008

### Dieting - UK

Never before have consumers been so conscious of the impact of diet on their health and so exposed to information extolling the virtues of following a balanced and healthy lifestyle. This has resulted in the rapid expansion of the healthy eating market. However, this market remains ill-defined incorporating everything from ...

## January 2008

### Bicycles - UK

These are exciting times for Britain's cycling community. July 2007 saw London and Kent host the high-profile Grand Départ of the sport's most prestigious event, the Tour de France, and Britain has emerged as a force in world cycling, with male and female cyclists picking up a host of World ...